

2022



# TTL Annual Report

Saving lives, one child at a time.



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## Year in Review

**2022**

WORK IN  
ACTION



**102**

NEW  
CLIENTS



**620**

HOME  
VISITS



**406**

WOMEN  
EDUCATED



**222**

KIDS SERVED  
THROUGH ECD



**35**

CHILDREN  
CARED FOR IN  
SAFE HOME



**98**

CHILDREN  
GRADUATED





## Impact



**18,992**

MEALS FED  
TO BABIES IN  
THE SAFE HOME



**693**

OUTREACH  
FOOD PACKAGES  
DISTRIBUTED

**2022**

IMPACT  
NUMBERS



**87,558**

LESOTHO NUTRITION  
INITIATIVE MEALS  
DISTRIBUTED



**13,488**

VITAMIN A  
TABLETS  
DISTRIBUTED



**8,490**

ALBENDAZOLE  
TABLETS  
DISTRIBUTED





## Outreach

# Meeting families at their homes...

### This year, we:

- **Enrolled 102 new clients** into our Outreach Program
- **Completed 620 home visits** where we conducted health assessments and provided food packages that help combat malnutrition
- **Distributed 21,978 essential vitamins** that are crucial to enhancing immunity and growth and preventing infections caused by tapeworms
- **Conducted 948 health assessments** (measuring the height, weight, and mid-upper arm circumference of each child to assess if they are malnourished)
- **Educated 406 caregivers** on health issues and various other parenting topics
- **Graduated 98 clients** from our Outreach Program





## Safe Home

# All smiles here...

The TTL Safe Home is a place where we temporarily rehabilitate children who are facing the most severe cases of malnutrition, who have serious health concerns that need to be addressed, or who may have no other place to go. This year, we temporarily **housed 35 children in the Safe Home**. We have excellent staff who provide exceptional 24-hour care to the children, ensuring the best opportunity for them to grow and thrive. A typical day for a child in the Safe Home includes 6 meals that contain the

necessary nutrients to promote growth and healthy development, daily doses of vitamins, as well as clinic visits for any medical needs. There is also plenty of time for play to promote and enhance the development of social and motor skills. When a child has reached a healthy and stable weight and has progressed in their respective milestones, they are reunited with their families and become clients in our Outreach Program. This year, we **reunified 24 children** with their families.





## Programs

# Nutrition Corners

During our Nutrition Corners Program, we provide education about the importance of proper nutrition and conduct workshops on how to prepare nutritious meals. With the education that these women receive, it is our hope that they can then educate and empower more women in their villages, therefore creating a more well-informed and healthy community.





## Programs

# ECD Schools

TTL's Early Childhood Development Program is where we provide direct, nutritional support (thanks to our friends at Lesotho Nutrition Initiative) to several pre-schools throughout Mokhotlong. We do this because we believe that every child deserves the opportunity to receive an education and consistent access to nutrition.





## Programs

# Health Campaigns

Vitamin A and Albendazole deworming tablets are distributed during health campaigns where we also conduct health assessments. Vitamin A drops help prevent childhood blindness and reduce mortality from common childhood infections. Albendazole treats intestinal worms, which can impede a child's growth and development.





## Success Story

# Fighting the good fight

### ***A long but successful journey...***

This year, TTL assisted a family in dire need. Their son, Limpho (name changed to protect privacy), at only a year and a half old, was suffering from malnutrition and living with challenges from being born with a cleft palate. TTL stepped in at the request of the family, helped support him in the TTL Safe Home to combat his malnutrition, assisted him and his mother

in getting passports to travel to South Africa for doctors appointments, and then transported them to Bloemfontein Hospital, South Africa for cleft palate surgery and all his appointments pre- and post- operation. This little guy was amazing throughout the entire process and his family was overjoyed by the improvements they saw in their son after his recovery. He is much happier now and thriving because he was able to get the help he so desperately needed.





Growth

# Learning and adjusting

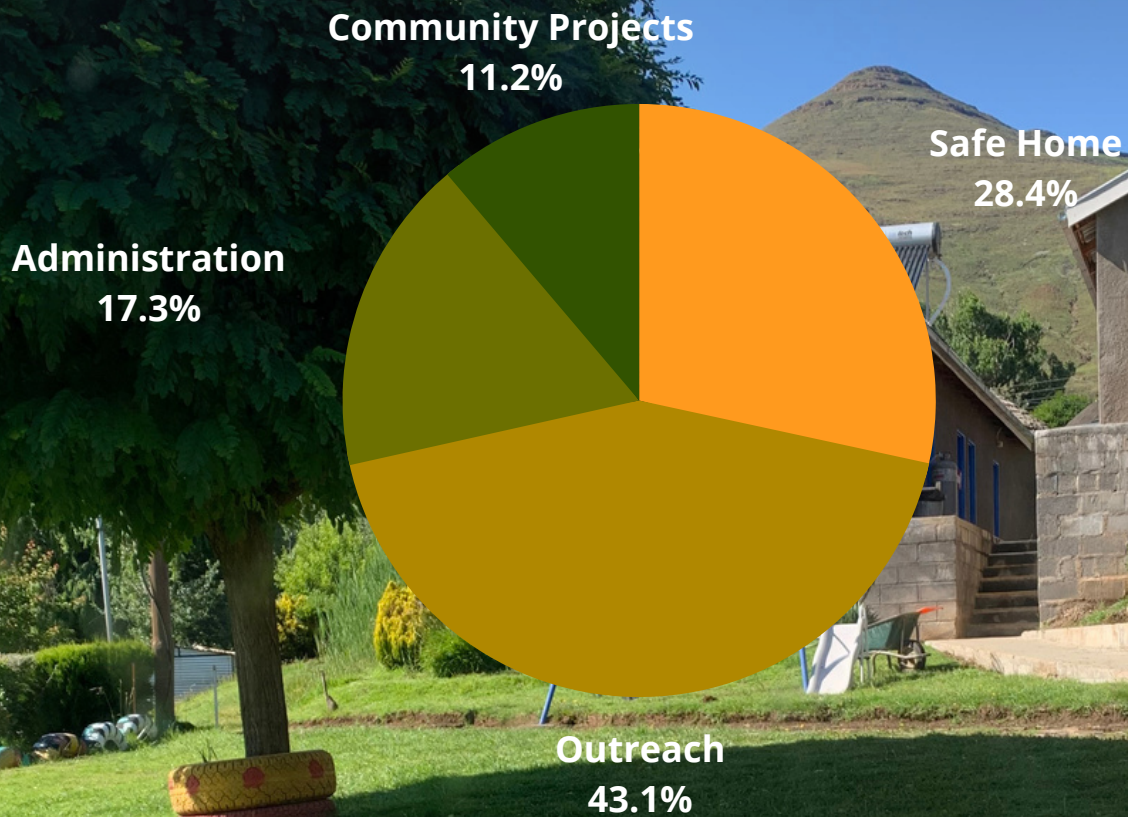
Thankfully, we are seeing fewer children come to us because they have contracted HIV and fewer children orphaned because of AIDS. However, we have noticed an increase in food insecurity and malnutrition. We are partnering with ECD schools to help deliver nutritious foods to children under five every day and to create new avenues for referrals to Outreach and the Safe Home for those most in need. We are excited about these developments and look forward to piloting some ambitious programs in 2023.

**It's not just a job,  
it's an opportunity  
to change lives.**





## Finances



BUDGET LINE ITEM	EXPENDITURE
Outreach	ZAR 1,589,575 USD 93,504
Safe Home	ZAR 1,047,004 USD 61,588
Administration	ZAR 638,479 USD 37,557
Community Projects	ZAR 412,790 USD 24,281
TOTAL EXPENDITURE FOR 2022	ZAR 3,687,848 USD 216,932





## Acknowledgements

Looking back on this past year here at TTL, we are proud of all we have accomplished. We are proud of our staff for all of the hard work they put in every day to further our mission, we are proud of the caregivers throughout Mokhotlong who work with us every day to help advance the health of their children, and we are proud of all of the progress we have seen in the children we serve. Advancing their health and well being is at the core of everything we do here at TTL.

**Thank you to everyone who supports our mission.**

### TTL's Financial Partners

- Addax & Oryx Foundation
- Aktionsgruppe Gummersbach für die Welthungerhilfe/ Initiative für Kinder in Lesotho
- ELMA Philanthropies
- Friends of Lesotho
- Lesotho Nutrition Initiative
- Roses and Rosemary
- The Tiny Lives Foundation
- TTLF Individual Donors

### TTL's Partners in Lesotho

- Nutrition Coordinating Office in Mokhotlong
- Ministry of Agriculture
- Ministry of Health
- Ministry of Social Development