

2021

TTL ANNUAL REPORT

*"Saving one child
at a time."*

TTL serves the most in-need children in Lesotho by providing access to health care, offering health education, and combating malnutrition.

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YEAR IN REVIEW

Looking back on this past year here at TTL, we are proud of all we have accomplished. We are proud of our staff for all of the hard work they put in every day to further our mission, we are proud of the caregivers throughout Mokhotlong who work with us every day to help advance the health of their children, and we are proud of all of the progress we have seen in the children we serve. Advancing their health and wellbeing is at the core of everything we do here at TTL.



95 new clients enrolled



763 home visits conducted



89 children graduated from our program



39 children cared for in the Safe Home



213 women educated and empowered



152 kids served through ECCD

2,599 CHILDREN SERVED SINCE OUR INCEPTION IN 2004



2021 IMPACT



667

**OUTREACH FOOD
PACKAGES DISTRIBUTED**
(benefitting ~ 2,000 Basotho people)



19,460

**MEALS FED TO BABIES
IN THE SAFE HOME**
(benefitting 39 children)



35,784

**LESOTHO NUTRITION
INITIATIVE MEALS
DISTRIBUTED VIA TTL'S
OUTREACH PROGRAMS**
(benefitting 1,064 children)



**11,159
5,323**

**VITAMIN A AND
ALBENDAZOLE DEWORMING
TABLETS DISTRIBUTED**





Food Packages

Health Assessments

Education

Our Outreach program travels to remote villages in the Mokhotlong district to provide support to children and their families. We do this because we believe every child has the right to grow up in their community with their family. This year, we:

- Enrolled 74 new clients into our program
- Completed 763 home visits where we conducted health assessments and provided food packages that help combat malnutrition
- Distributed 16,482 essential vitamins that are crucial to enhancing immunity and growth and preventing infections caused by tapeworms
- Conducted 1,019 health assessments via our Vitamin A and Albendazole Campaigns (measuring the height, weight, and mid-upper arm circumference of each child to determine their health status)
- Educated +800 caregivers on health issues and provided support on how they can best care for their children
- Graduated 89 clients from our program

Sometimes, we see there is no progression in our client's health, and that is when we will bring them to TTL's Safe Home for close monitoring, where we can provide more direct care.

WE'RE ALWAYS BUSY HERE AT THE



The TTL Safe Home is a place where we temporarily rehabilitate children who are facing the most severe cases of malnutrition, who have serious health concerns that need to be addressed, or who may have no other place to go. This year, we temporarily housed 39 children in the Safe Home. We have excellent staff who provide exceptional 24-hour care to the children, ensuring the best opportunity for them to grow and thrive .

PLAY, PLAY, AND MORE PLAY!



A typical day for a child in the Safe Home includes 6 meals that contain the necessary nutrients to promote growth and healthy development, daily doses of vitamins, clinic visits for any needed appointments, and plenty of time for play to promote and enhance the development of social and motor skills. When a child has reached a healthy and stable weight and has progressed in their respective milestones, they are reunited with their families and become clients in our Outreach Program. This year, we reunified 32 children with their families.

PROGRAMS

Nutrition Corners

Nutrition Corners is one of our favorite programs, because it is here that we get to work with and empower women throughout the Mokhotlong community. During our Nutrition Corners Program, we provide education about the importance of proper nutrition and conduct workshops on how to prepare nutritious meals. This 3-day workshop incorporates sessions covering a range of topics such as: the importance of breast feeding, practicing good hygiene, child support, child development, psycho-social support, and many more. With the education that these women receive, it is our hope that they can then educate and empower more women in their villages, therefore creating a more well-informed and healthy community.



Early Childhood Development

TTL's Early Childhood Development Program is where we provide direct, nutritional support (thanks to our friends at Lesotho Nutrition Initiative) to several pre-schools throughout Mokhotlong. We do this to help families send their child to school, not having to worry about finding the resources to provide lunch for them. This also allows teachers to focus on their lesson plans, rather than worrying about hungry children. Finally, we do this because we believe that every child deserves the opportunity to receive an education and that should not be hindered due to a lack of access to nutrition.





CHALLENGES

No year comes without its challenges; our goal here at TTL is to take on those challenges and work to overcome them. The harsh effects of COVID-19 in Lesotho still plague the country. This global pandemic has worsened unemployment and job security, leaving many families unable to provide basic necessities for their children.

Because of COVID-19, TTL also had to make some adjustments to our programs in order to ensure the safety of our staff and clients. In the past, our Nutrition Corners Program was done at a community level, where we would educate close to a hundred women and children at each gathering. This became impossible during the pandemic, so we implemented an adjusted program where we now host a smaller number of women on our TTL campus and spend more time educating them on a variety of topics in the hopes that they will then take that information back with them to their communities. What we found with this new format is that it promotes a better understanding of the topics covered and allows for more individualized attention where we are able to address specific questions while providing more direct and hands on cooking demonstrations. Already, several of the women who attended our workshops have started groups in their respective communities where they are working to share the information they learned here at TTL.

Successes



Highlight 1

This year, we distributed more Vitamin A and Albendazole deworming tablets than we ever have before. We distributed **11,159** vitamin A drops, which help prevent childhood blindness and reduce mortality from common childhood infections, and **5,323** Albendazole deworming tablets to treat intestinal worms, which can impede children's growth and development.



Highlight 2

We believe that it is important for our staff to continually learn and grow so we can provide the best support to the children and families we serve. We held a staff training this year where we learned about child development focusing on how to understand the needs of children who may not be able to communicate effectively.



Highlight 3

Thanks to our friends at Gummersbach, the TTL Safe Home now runs entirely off of solar power. This means that, even if power outages occur, the babies in the Safe Home will always have access to the warmth and comfort they need. Simultaneously, we are doing our part toward environmental sustainability.

The difference we have made this year is incredible; we have seen great success throughout Mokhotlong in reducing severe malnutrition and children born with HIV.

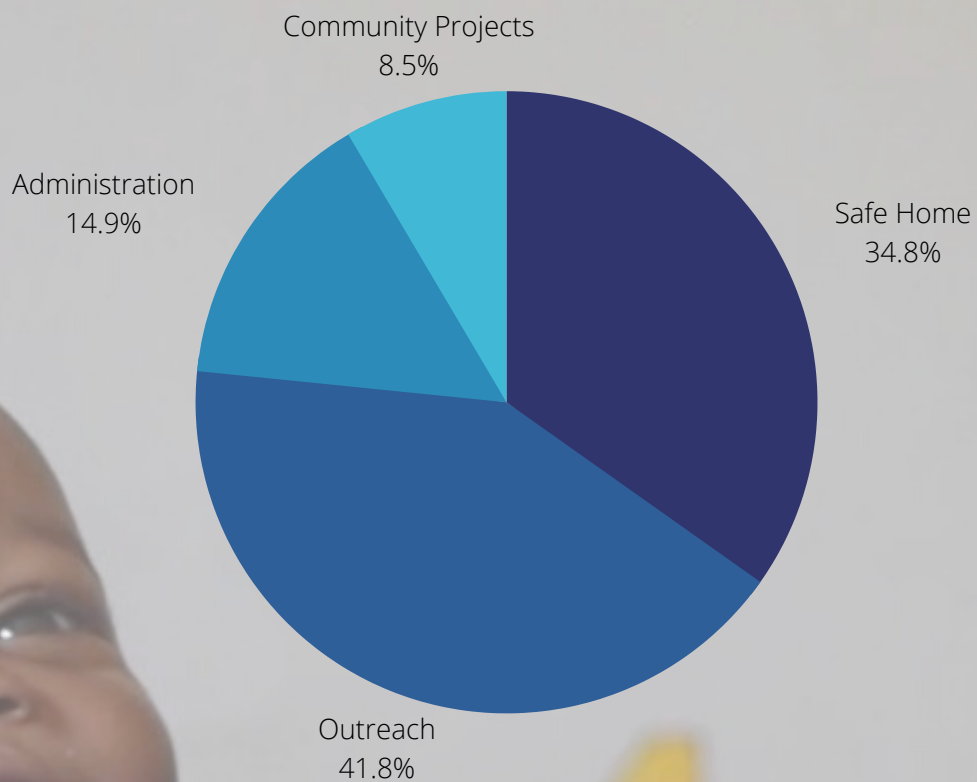


IMPACT STORY

This past October, one of our Safe Home clients, a 4-year-old boy named Melang, required surgery for a serious heart condition. We supported Melang and his family throughout the 43 days he spent in the hospital by paying for both him and his grandmother to get a passport, transportation to and from South Africa, lodging once in SA, hospital fees, and all meals - not only for Melang and his grandmother, but also for his family that stayed behind in Mokhotlong. During this time, we also cared for Melang's twin cousins at the Safe Home so Melang's grandmother could accompany him for his operation. None of this would have been possible for Melang's family without the support from our friends at Roses and Rosemary. After spending several weeks in the ICU after his surgery, we are overjoyed to say that he has recovered well and he is back with us (happy and healthy) in the TTL Safe Home. We look forward to the day he can return to live with his family.

Name changed to protect privacy.

FINANCE



BUDGET LINE ITEM	EXPENDITURE
Outreach	R 1,114,579.19 <i>USD 71,353.89</i>
Safe Home	R 929,939.23 <i>USD 59,533.48</i>
Administration	R 397,307.61 <i>USD 25,435.11</i>
Community Projects	R 226,590.77 <i>USD 14,506.04</i>
TOTAL EXPENDITURE FOR 2021	R 2,668,416.80 <i>USD 170,828.52</i>

ACKNOWLEDGEMENTS

Here at TTL, we are incredibly grateful for all those who help us make a difference in Mokhotlong. The work we do truly does matter. We are proud of all we have accomplished this year and what we will continue to accomplish; all of that is made possible because of beautiful people like you. We want to send our deepest thanks to our partners, donors, supporters, and champions of our organization. Your partnership, generosity, and belief in our mission to promote a more just world where every child has the opportunity to learn, grow, and thrive, inspires us. We are so grateful to have you as a part of TTL. Re leboha haholo!

TTL's Financial Partners:

- Addax & Oryx Foundation
- Aktionsgruppe Gummersbach für die Welthungerhilfe/ Initiative für Kinder in Lesotho
- ELMA Philanthropies
- Friends of Lesotho
- Lesotho Nutrition Initiative
- Roses and Rosemary
- The Tiny Lives Foundation
- TTLF Individual Donors

TTL's Partners in Lesotho:

- Nutrition Coordinating Office in Mokhotlong
- Ministry of Agriculture
- Ministry of Health
- Ministry of Social Development