



2018

**TOUCHING TINY
LIVES
ANNUAL
REPORT**

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2018 was a successful year for TTL! We started new projects, expanded existing outreach, and served hundreds of children throughout all of our programs! As we grow, we continue to strive to bring services to even the most rural families. We hosted workshops, improved our Nutrition Corners, started working with local preschools, and as always, maintained our outreach and safe home programs serving “one child at a time.”



2018 BY THE NUMBERS

657 home visits conducted

279 hospital and clinic visits supported by TTL

107 new clients

67 children graduated

25 children in the safe home

961 children attended Nutrition Corners

119 children supported through ECD work

TOTAL of 2,278 children served in outreach and the safe home since TTL's founding!

OUTREACH

The majority of TTL's programming happens in outreach. TTL staff work vigilantly, conducting home visits, leading educational programming and bringing essential food and supplies to local villages to ensure all our families are supported.

This year we've assessed a total of **134** children in our outreach program! We assessed **90** new clients and graduated **67** children. We've expanded to include more locations, ensuring we access remote populations.

We are especially thankful for our partners at the Lesotho Nutrition Initiative. This year, LNI provided us with several hundred boxes of Nutri-Plenty that we gave to our outreach clients and feed to the children in our safe home. This partnership helps to mitigate the costs of food for TLL, while providing vital nutritious food to children who face malnutrition. **Rea leboha haholo** (thank you very much) to our partners at LNI!



Happy Beaks

This year we identified **10 families** with children who were graduating from our outreach program and distributed **60 chickens** among the families. These chickens provide families with eggs that they can feed to their children or sell for some added income and help ensure TTL's impact is sustainable. We also decided to host 20 chickens on TTL's campus to provide eggs for the children in our safe home.



Nutrition Corners

This year we saw a total of **961 children** at our Nutrition Corners! We hosted these programs at 6 different local clinics. We taught caregivers how to make nutritious meals for children under five using readily available or home-grown ingredients, including chicken stew, bean soup, porridge with egg and many more. All of the caregivers who attended these events went home with Nutri-Plenty meals from our partners at the Lesotho Nutrition Initiative. We also started buying home-grown produce and local eggs from caregivers who attended to help boost their income!



SAFE HOME

We saw **25** children in our safe home this year. Children who come to our temporary safe home usually face severe acute malnutrition which is often compounded by other illnesses such as HIV or TB. These children receive nutritionally complete meals and medical care, while receiving 24-hour love and attention from our staff. Out of the **25** children, we were able to reunite **16** children with their caregivers and transitioned them into our outreach program. We anticipate reuniting the 9 remaining children in the upcoming months!

We hosted **9** caregivers for our Caregivers on Campus program. Caregivers are invited to TTL for a week or longer when their child is ready for reunification. They learn about childhood nutrition, the importance of play, their child's specific medical needs, and much more before returning home.

TTL SUCCESS

Rethabile* came to the TTL safe home when she was just 3 days old after her mother died of complications during childbirth. She started out at just **3.3kg** or about **7lbs**.



With constant support and care from our safe home staff, Rethabile reached important milestones – eating solid food - crawling, and pulling herself up, by the time she left the safe home!



She left at 9 months old weighing **8.8kg**, just under **20lbs!** We reunited her with her aunt in Maseru where she's receiving lots of love and continues to grow!



*child's name changed to protect privacy

OTHER PROGRAMS AND EVENTS

New Program - Early Childhood Education

This year TTL began partnering with five local early childhood education schools in the Mokhotlong district. Through this program we reached **119 children** under the age of five. We began delivering monthly snacks and Nutri-Plenty packages to five schools so that teachers could focus on educating students and not have to worry about where their next meal would come from. We also started construction on a new school building for the children in Malubalube with support from our partners at Gummersbach! The children will be able to use the new school building when they return in 2019!



Maternal Child Health Clinics

Once a quarter, TTL assists Mokhotlong hospital in conducting satellite maternal child health clinics in local villages. This allows us to reach the most vulnerable rural populations. We weigh and measure children, we enroll children facing malnutrition in our outreach program. We saw **397 children and enrolled 12 children into our services!** These programs also allow us to ensure children are up to date on their vaccinations, that their HIV status is known, and that they are properly taking any medications.



World Breastfeeding Week

This year we participated in World Breastfeeding Week at the clinic in Thlanyaku. Our role was to emphasize the importance of breastfeeding for proper nutrition. Mme Nthabeleng also spoke about the importance of proper nutrition in the first 1,000 days of life to ensure healthy functioning and proper brain development. We helped to educate the mothers of **135 children** on the importance of breastfeeding. Additionally, we made sure all of the children in attendance were up to date on their medical requirements and vaccinations.

WORKSHOPS

Adherence Workshop for Caregivers

TTL expanded our influence by hosting a workshop for caregivers taking care of HIV positive children about the importance of ARV adherence, de-stigmatizing HIV, and how to disclose HIV status to children with age-appropriate information. Our staff facilitated activities that covered these topics and allowed the caregivers to speak openly and honestly. In total we had **25 attendees!** Several of the women were inspired to take what they had learned back to their communities and some women started adherence support groups in their villages. Our staff also attended the workshop so that they could bring the information back to our outreach clients who may be facing the same issues. The program was successful, and we plan to host more workshops like this in the future!



Seshoeshoe Pads Workshop

This year we launched an income generating craft project for the caregivers of our clients. At a 2 day workshop, caregivers learned how to sew Seshoeshoe pads in order to help women in rural communities manage their menstruation. TTL provided the materials for this project and sells some of the pads on TTL campus. Part of the profit from this project served as income for TTL, while the majority of the profit went back to the caregivers, helping to mitigate financial burden. We hope to expand to other craft projects and open Mokhotlong's first craft store!



Nutrition Conference

Our partners at ELMA organized a nutrition conference for NGOs working with vulnerable children across several countries. Participants shared their experiences and discussed issues they faces in combating childhood malnutrition. TTL was able to present on our safe home model and how we respond to malnutrition in Mokhotlong. The focus of the conference was the importance of nutrition in the first 1,000 days of life for proper development. This conference triggered the idea for TTL to start supporting and strengthening breastfeeding mothers in the district. Working with Mokhotlong's Food and Nutrition Coordinating Office, TTL plans to embark on a project to train breastfeeding groups in Mokhotlong in the upcoming year.

Vital Foods Fundraiser

This year we launched our very first online fundraising campaign! We set a goal to raise \$5,000 in the month of October in order to provide vital nutritious foods to our clients.

With your support, we surpassed this goal raising **\$5,650**, enough to provide **22,600 meals** to orphaned and vulnerable children! Thank **YOU**, our generous supporters, for this tremendous effort!



Guests

Our partners from Aktionsgruppe Gummersbach für die Welthungerhilfe visited TTL for a week, observing our early childhood education project and Nutrition Corners. They also got to spend some quality time in our safe home and were able to see the construction of the preschool in Maluba-lube. They brought with them a variety of handmade knitted stuffed animals, dolls, and hats that our clients love! We look forward to seeing Klaus and Daniel every year and thank them for making the trip to Mokhotlong!



Rental Properties

This year, with funds from a US Embassy grant, we were able to start construction on rental properties that TTL will manage. We started construction on these houses in November and are projected to finish in the new year. The profits from the rental properties will go back into TTL providing funds for food for the safe home, staff salaries, utilities, and more!

Guesthouse

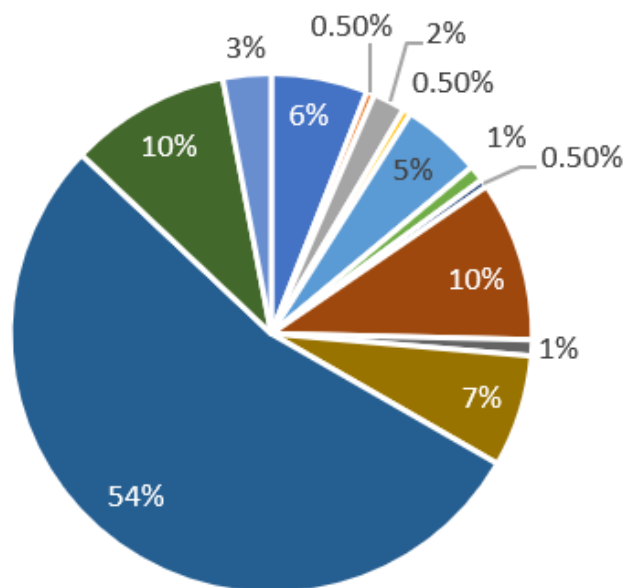
We opened up the guest house at TTL this year! From Peace Corps volunteers to Ministry of Health officials, company gatherings, friends and family alike, we hosted several guests on TTL's campus. Next year, we plan to upgrade our guesthouse by adding additional bathroom and shower and improving the shared common room.



FINANCES

Budget Line Item Expenditure in Rand In USD (approx.)

Administration	144,831.00	10,345.07
Audit Fees	15,000.00	1,071.43
Babycare Supplies	57,665.83	4,118.99
Bank Fees	20,230.82	1,445.06
Building	109,833.81	7,845.27
Trainings	28,854.35	2,061.03
Celebrations	6,365.00	454.64
Food for Clients	231,673.55	16,548.11
Medical Support	27,195.10	1,942.51
Projects	157,766.26	11,269.02
Personnel	1,316,291.16	94,020.80
Transportation	240,924.33	17,208.88
Utilities	72,460.23	5,175.73
Total	2,429,091.44	173,506.54



- Admin
- Audit Fees
- Babycare
- Bank Fees
- Building
- Trainings
- Celebrations
- Food
- Medical
- Projects
- Personnel
- Transportation
- Utilities



Challenges

Communication with rural clinics and communities is challenging, which can make planning programs such as our Nutrition Corners difficult. We are continuing to look for other community partners that can help us effectively disseminate these programs.

We also noticed that caregivers in the most rural communities often do not utilize the services available to them when their child has a health issue. Because of this, children often only come into the care of TTL in the direst circumstances and in very poor health. We are working with community village health workers and other local partners to encourage caregivers to seek help early and often.

Financing Partners

Touching Tiny Lives Foundation

ELMA Foundation

Sentebale

Aktionsgruppe Gummersbach für die Welthungerhilfe/Initiative für Kinder in Lesotho

Lesotho Nutrition Initiative

Roses and Rosemary

United States Embassy in Lesotho

Local Partners

District Child Protection Unit - Ministry of Social Development

ART Advisory Committee - Ministry of Health with Baylor

Technical Working Group for Children Under Five - Ministry of Health



ACKNOWLEDGEMENTS



We'd like to extend our sincerest thanks to our 2018 funding partners, all of our visitors, the TTLF board, and most importantly, YOU, our generous supporters from all over the globe! *Rea leboha haholo*, thank you very much from everyone at TTL!