

SAVING ONE CHILD AT A TIME

2020

TTL ANNUAL REPORT



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YEAR IN REVIEW



A LOT CAN HAPPEN IN A YEAR...

2020 was a strenuous and unpredictable year that brought many new challenges to TTL in Lesotho. Despite these challenges, we continued to assist the Mokhotlong community because we are dedicated to fulfilling our mission to 'serve one child at a time.' TTL's passion for and commitment to ensuring the health and safety of all was especially relevant this year as we worked creatively to address the obstacles that 2020 presented. We are proud that, in light of obstacles, we persisted with our work to secure the health and nutrition of young children and their families during this difficult time.

2020 IN NUMBERS

120 new clients enrolled
699 home visits conducted
59 children graduated from TTL
26 children housed in the Safe Home
288 children attended *Nutrition Corners
199 children supported through *ECD Programs

**Nutrition Corners and ECD Programs were suspended in March due to COVID-19*

NOTABLE ACHIEVEMENTS

TTL has served a total of 2,520 children through our Outreach and Safe Home Programs since our inception in 2004.



OUTREACH

PROVIDING NUTRITIOUS MEALS TO ENSURE THE HEALTHY DEVELOPMENT OF LOCAL CHILDREN



FOOD PARCELS AND SUPPLIES TO SUPPORT THE COMMUNITY



LOADING THE TTL TRUCK WITH FOOD TO DELIVER TO OUR CLIENTS



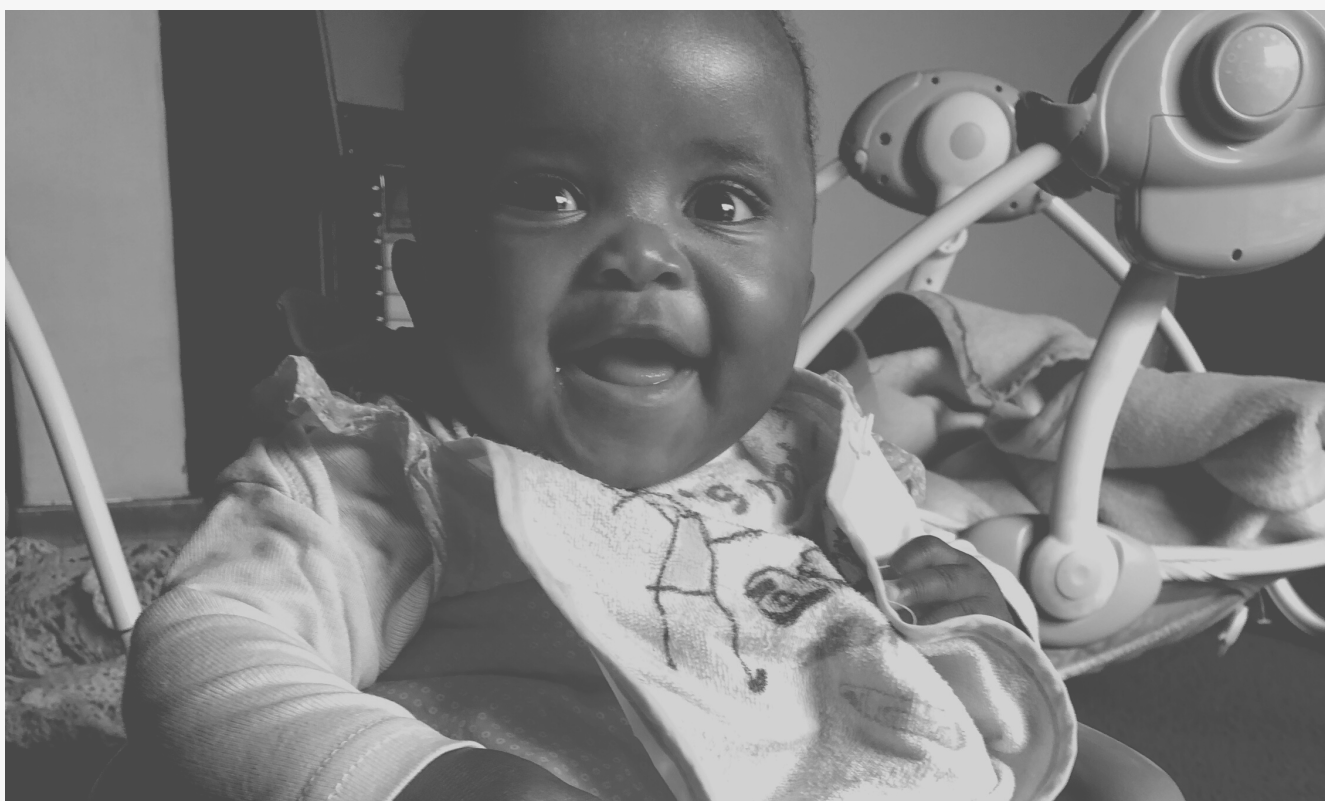
OUR WONDERFUL OUTREACH TEAM DELIVERING FOOD PACKAGES

The Outreach Team at TTL worked passionately in their drive to reach and serve the local community in Mokhotlong. Because of the many challenges this year, the nutritional and health support provided by the Outreach Team was more important than ever. Our Outreach Team provides wellness assessments for the children in our community, conducts home visits, and delivers food packages to our clients. This year, the team completed 699 home visits, brought 120 new children into our program, and graduated 59 children after they reached a consistent, healthy weight for their age. Our Outreach Team also distributed 2,206 Vitamin A tablets, which help prevent childhood blindness and reduce mortality from common childhood infections, and 1,822 Albendazole deworming tablets to treat intestinal worms, which can impede children's growth and development.

SERVING THE MOKHOTLONG COMMUNITY FOR 16 YEARS

SAFE HOME

NURTURING CHILDREN BACK TO HEALTH SO THEY WILL HAVE THE OPPORTUNITY TO REACH THEIR FULL POTENTIAL



The Safe Home at TTL is a place where we are able to improve the health and nutrition of children here in Mokhotlong by providing support and nourishment to children who are suffering from severe acute malnutrition, as well as other illnesses such as HIV and TB. We are dedicated to caring for these children until they are healthy enough to reunite with their families. This year, our Safe Home temporarily housed 26 babies.

Even while facing the challenges of the COVID-19 pandemic, we upheld our consistent, high standard for 24-hour a day care, 5 meals a day, continued rotation of caregivers, and lots of love and affection for all of the little ones.

PROVIDING 24-HOUR A DAY CARE TO ENSURE SAFE, HAPPY, AND HEALTHY RECOVERIES

COMMUNITY BUILDING PROGRAMS

NUTRITION CORNERS

Through our Nutrition Corners Program, we educate the community about nutrition with the goal of helping families identify areas where their nutritional practices could be sustainably improved. During these programs, we work to promote economically viable, locally sourced, and sustainable nutritious food options for children through education. We also provide direct support through food packages. This program is directed to improve the overall health of children facing malnutrition in Mokhotlong. At each event, we conduct wellness assessments, recording the height and weight of each child, to monitor malnutrition and identify those in need of TTL's services.

Cooking demonstrations are provided where locally-sourced ingredients are used to prepare a nutritious meal designed for children under five. The mothers in attendance are then encouraged to prepare this meal for their families throughout the month. Additionally, we provide each family with Nutri-Plenty meals (supplied by our partners at Lesotho Nutrition Initiative). These meals consist of a healthy mixture of rice, soy, vegetables, and a packet of 21 essential vitamins and minerals that have been scientifically proven to alleviate and reverse the long-term effects of malnutrition. This year, 288 children attended Nutrition Corners.

CAREGIVERS ON CAMPUS

In 2020, TTL housed 5 caregivers through our Caregivers on Campus Program. This program works to educate caregivers about proper nutrition and health so they can best provide for their children. Caregivers on Campus is special to us because we are able to unite the children in our Safe Home with their families, giving them time to bond before sending them home.

EARLY CHILDHOOD DEVELOPMENT

Our ECD Program offers nutritional assistance to several early childhood education schools in Mokhotlong. It allows students to focus on learning rather than where they will get their next meal. This year, even after schools closed due to COVID-19, we continued to provide 199 children with food packages because, for many of these children, it is the only nutritious meal they receive consistently.



CHALLENGES: COVID-19 & DROUGHT

WORKING TOGETHER TO OVERCOME CHALLENGES

This year certainly brought about many challenges. The arrival of COVID-19 in Lesotho caused great economic hardship. Though the number of positive cases in Lesotho was not as high as was feared, pressure from COVID-19, coupled with the drought, brought food insecurity to an alarming rate, resulting in compounding health concerns for the vulnerable children we serve.

A significant drought over the past three years has caused repeated harvests to fail. Earlier in 2020, TTL drilled a well in order to provide access to water. This well is now the primary source of water for the Safe Home. This year's stay-at-home orders further interrupted the most recent harvest, resulting in an additional loss of food. Children were particularly impacted by this, with families facing ever greater rates of food insecurity.

The devastating effects of COVID-19 left many families in Lesotho without the means to feed themselves or pay for the food and health care they rely on. To address these needs, TTL worked tirelessly to increase food stocks and kept our clients in our program longer; this ensured each child had sufficient food. TTL helped to identify emerging cases of malnutrition and worked with local clinics to provide special food packages to children on antiretroviral medication for HIV.

TTL added additional safety measures to ensure the safety of the children we care for, as well as our staff. These measures included: daily temperature checks, face mask requirements, and hand sanitizer readily available in every room of the Safe Home.

Though Lesotho imposed national stay-at-home orders for much of the year, because TTL is an essential service, we were able to continue our work effectively and safely in both our Outreach Program and the Safe Home. We sustained the same standard of care to our clients, because our work is so important. We know that together, we can overcome any obstacle.



Well being drilled at TTL

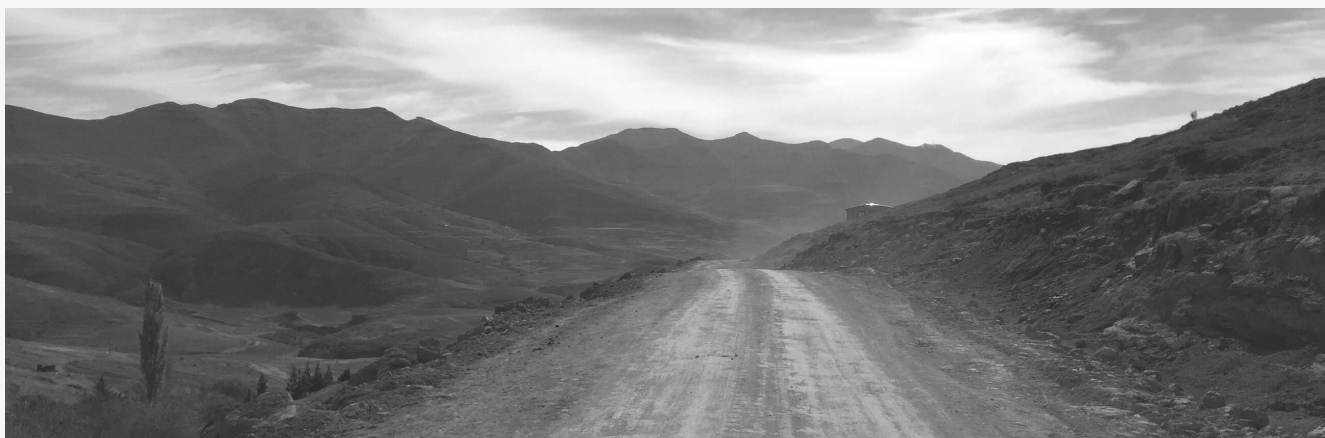
TTL SUCCESS

WE ARE MOST GRATEFUL THAT OUR CLIENTS AND STAFF STAYED SAFE AND HEALTHY



Though things at TTL looked a little different this year, we feel most proud that, undeterred by obstacles, we maintained our work to provide for hundreds of children and families in Mokhotlong. We nursed 26 children back to health in the Safe Home and reunified 18 babies with their families. We visited and provided meals to 699 households and celebrated graduating 59 children through our Outreach Program. We are thankful that our staff and clients remained healthy, and we are grateful for our dedicated staff who work tirelessly to make sure that our mission continues to be fulfilled.

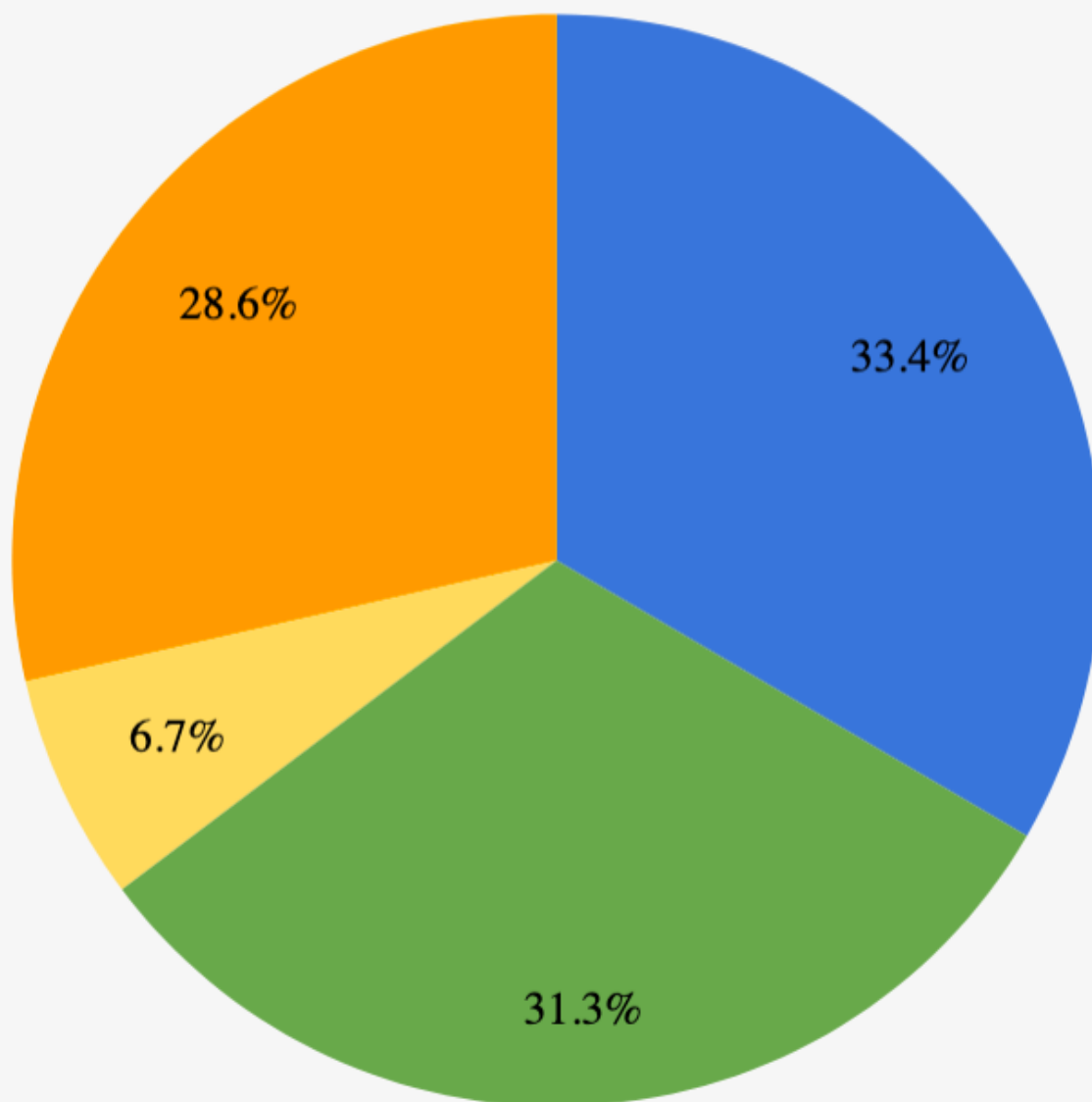
EVEN DURING COVID-19, WE SUCCESSFULLY REUNIFIED CHILDREN WITH THEIR FAMILIES



FINANCES

BUDGET LINE ITEM	EXPENDITURE
Safe Home	R 895,901.99 <i>USD 59,926.47</i>
Outreach	R 838,803.40 <i>USD 56,107.18</i>
Administration	R 765,627.98 <i>USD 51,212.50</i>
Community Projects	R 180,485.65 <i>USD 12,072.60</i>
TOTAL EXPENDITURE FOR 2020	R 2,680,819.02 USD 179,318.75

BUDGET BREAKDOWN 2020





ACKNOWLEDGEMENTS

WE WOULD LIKE TO EXPRESS OUR DEEPEST GRATITUDE AND APPRECIATION TO ALL OF OUR PARTNERS; WITHOUT YOUR LOVE AND COMMITMENT TO HELPING CHILDREN IN LESOTHO, NONE OF THIS WOULD BE POSSIBLE. THANK YOU!

Rea leboha haholo!

We are honored to work with incredible partners in Lesotho who have helped us reach and assist the most vulnerable in our community. We sincerely thank you for your continued dedication, support, and collaboration that makes our work accessible to so many.

*-Nutrition Coordinating Office in Mokhotlong
-Ministry of Agriculture
-Ministry of Health
-Ministry of Social Development*

We are immensely grateful to our amazing financial partners who have supported our mission to improve the health and nutrition of children in rural Lesotho. Your generosity allows us to continue to provide for these children. To you, we extend our sincerest thanks.

*-Addax & Oryx
-Aktionsgruppe Gummersbach für die Welthungerhilfe/
Initiative für Kinder in Lesotho
-ELMA
-Lesotho Nutrition Initiative
-Roses and Rosemary
-Sentebale
-The Tiny Lives Foundation*

**To our generous donors:
Every dollar counts and we could not
do this lifesaving work without you!**

