

Touching Tiny Lives

Annual Report



2024

Introduction

This year we celebrated 20 years of success as an organization. It is a milestone we reach with tremendous gratitude for the constant support of our partners and donors, and with determination to continue the work. In 2024, TTL continued serving the Mokhotlong community's most vulnerable families and children. Come along with us as we reflect on the turning points and experiences that shaped our path.



Safe Home

For the last two decades, TTL and our partners on the ground at TTL Lesotho have provided a safe haven for children experiencing health crises. That includes children suffering from malnutrition, HIV/AIDS and other diseases, and who require close care and attention. At the TTL Safe Home in Mokhotlong, every child is fed six times a day, with careful attention to vitamins and other essential nutrients. They also have around-the-clock care and attention from our dedicated staff, and lots of play time. In 2024, 14,409 meals were served in our Safe Home, restoring health and energy to 20 children who stayed with us this year.

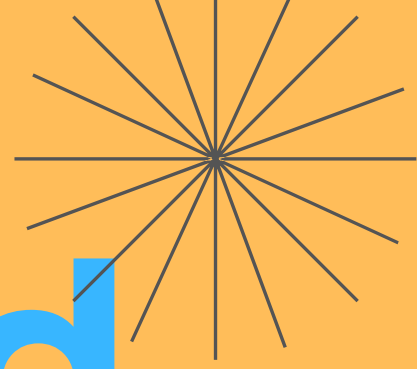


Outreach



Our Outreach program provides an opportunity for families who live in the most remote places in our mountainous community to have access to the resources they need to thrive. This year we enrolled 142 new clients and conducted 676 home visits. Every month, our outreach team travels to villages far and wide to conduct community health campaigns, where children under the age of five gather for health and nutritional assessment and community members receive nutritional education from a trained nutritionist. In 2024, we held 27 health campaigns and assessed 1,969 children. In addition, our team routinely checks on clients in the field to provide hygiene products and nutritious meal packages. This year we distributed 626 food packages, and 112,320 nutritious meals. Our relationship with individual children sometimes lasts years, but we celebrate when they are well and stable enough to graduate out of the program. This year, 85 clients graduated. Since its inception, our Outreach team has served 5,757 children in total.

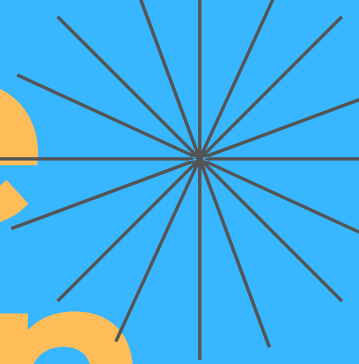
Early Childhood Education



In addition to providing vital health and nutrition assistance, TTL supports 558 learners across 16 preschools as part of our growing Early Childhood Education program! This year we hired a licensed teacher to check in on each preschool, ensuring curriculum goals are being met. Such visits also provide an opportunity to check on the health of our students. In August, our team screened 230 learners' oral health and provided hygiene products. We also celebrate the achievements of our young learners by throwing a graduation ceremony at the end of each school year. This year we celebrated the graduation of 92 students. Our emphasis on early childhood education lays the groundwork for higher rates of educational success in Mokhotlong, empowering the community as a whole.



Vegetable Production



This year TTL worked with the communities of Matsoaing, Molumong, and Ha Tsoeu to trial our vegetable production program. The program helps community members acquire the gardening skills needed to provide their families with nutritious meals. TTL also implements preservation workshops when crops are ready for harvest, teaching community members safe techniques for preserving food to support their families through the colder months. Gardening and food preservation are practices that can be passed down generationally and provide families with added food security. This year we trained 111 individuals and directly benefited 473 community members.

Workshops



Psychosocial Support Workshop:

In May, we partnered with Trust Africa to hold a three-day mental health support workshop for TTL staff members in Mokhotlong. This workshop equipped our team with the skills to take care of themselves while doing the organization's critical work, which can be emotionally taxing.

Tuberculosis & Immunization Workshop

Our staff joined the District Health Management team in hosting a presentation on tuberculosis, its early symptoms and the physical impact on those infected. The presentation also discussed the importance of immunization and preventative health care.

Early Childhood Development Workshop:

TTL staff attended a four-day workshop on Early Childhood Development, hosted by one of our partners. Attendees discussed our shared passion for education, and addressed the specifics of our partnership while learning more about the benefits of educational interventions at an early age.

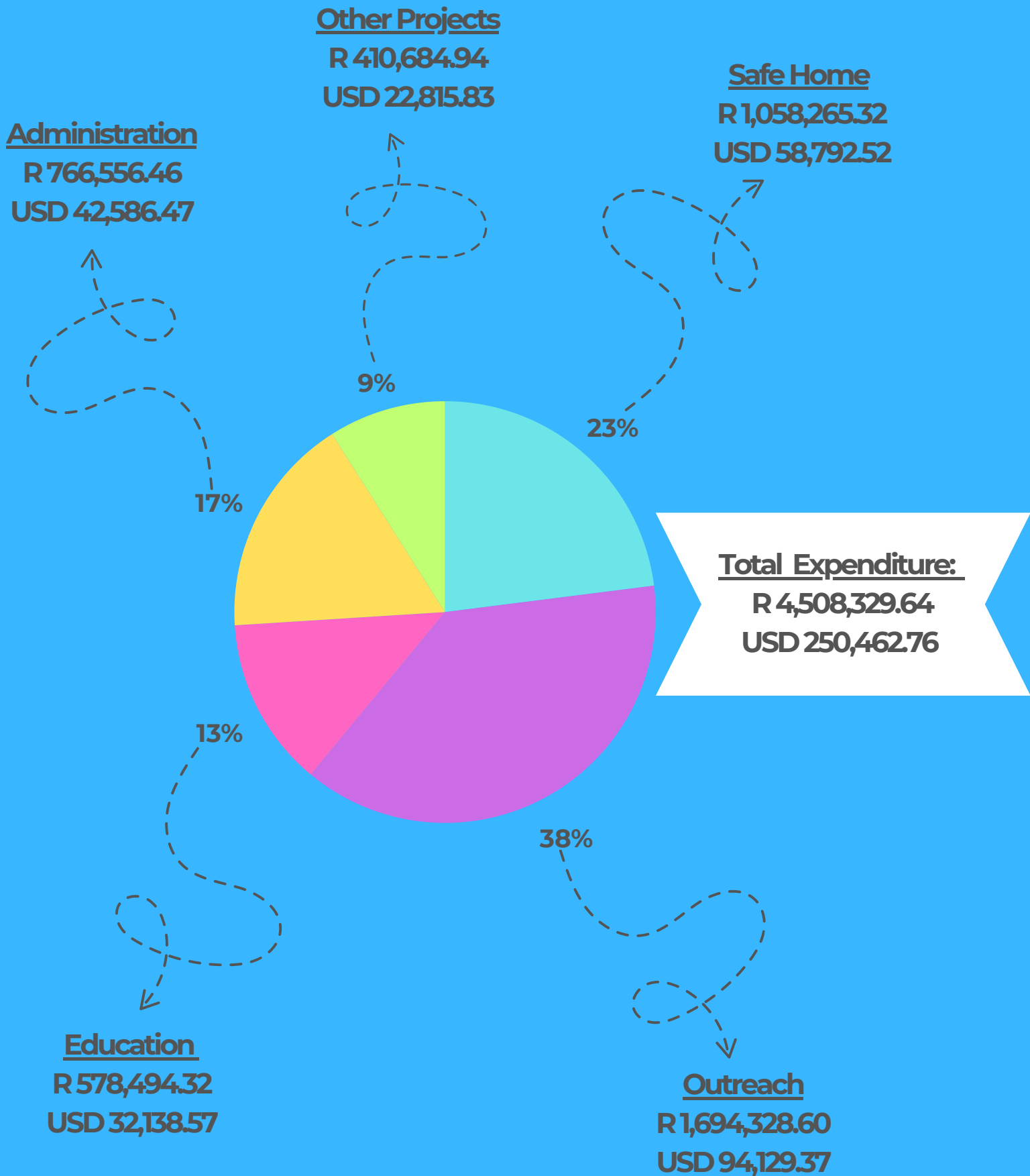
Early Childhood Development Conference

In November, our team was invited to present on our work on early childhood education and intervention for severe acute malnutrition at the Southern African Development Communities' Early Childhood Development and Education Conference, a prestigious conference in Maseru. This conference provided a chance for our Outreach team members to connect with organizations in the same field and create new partnerships that expand our capacity to help our community.

Early Childhood Development Teacher's Meetings:

We held conferences twice this year with the teachers of our ECE program. These meetings allowed us to discuss the school year that just finished and the one to come. We offered our ongoing support to help ensure their success.

Finance



Impact Story



This year we celebrated alongside one of our young clients through a transformational health journey. Letsoisa was born with clubbed feet, a condition where one or both feet curl inward and downward simultaneously.

In May 2024, TTL helped Letsoisa travel to a hospital in Maseru, where a plan was devised to straighten his ankles and feet. The process to correct the development of clubbed feet is strenuous. The treatment consists of stretching and casting until the feet are positioned properly. Letsoisa was placed into nine different casts throughout an eight month period.

Today, he is out of his cast and able to walk on his own. Letsoisa's journey is a testament to his courage and determination, but would not have been possible without the dedication of our Outreach team, and the support provided by our donors. Letsoisa's success is an inspiration as we continue to work on improving the lives of all of our clients, no matter their struggles.

Growth & Gratitude



We are happy to report 2024 was another successful year for the Tiny Lives Foundation and the Mokhotlong community. All that we have accomplished would not be possible without the help of our supporters. As an organization, our team feels the love and empowerment from our community.

We appreciate you being a vital member of the TTLF community. We sincerely thank you for joining us on this adventure.

Business Partners

- The Tiny Lives Foundation
- Waterloo Foundation
- Addax & Oryx Foundation
- Masana Wa Afrika
- Dovetail Impact Foundation
- Aktionsgruppe Gummersbach Für Die Welthungerhilfe/ Initiative für Kinder Lesotho
- SOLIDARMED
- Lesotho Nutrition Initiative



TTL's Partners in Lesotho

- Ministry of Agriculture, Food Security, & Nutrition
- Ministry of Health
- Ministry of Social Development
- SOLIDARMED
- Agricultural Productivity Program for Southern Africa (APPSA)
- District Health Management